

Early to Middle Phase Interventions Video Transcript

Transcript

[Upbeat music plays and the video displays the text, "The Following Week." The text fades away to reveal Greg, a pilot program participant opening the door to let in Cindy, a CAT therapist. Greg appears well-groomed and is wearing slacks, a short-sleeved, button-down shirt which he has tucked in, and a belt. Cindy is holding a plastic bin with a handle and a clipboard. On the ground beside her is a plastic chest of drawers with wheels and a plastic laundry hamper with wheels.]

Greg

Hello, Cindy.

Cindy

Hi, Greg! How are you doing?

Greg

Here, let me help you with that.

[Greg helps Cindy bring in the plastic chest of drawers.]

You brought me more stuff?

Cindy

I sure did!

[Cindy brings in the laundry hamper.]

Greg

Oh, boy! Santa Claus. Oh boy. Nice new stuff.

Cindy

I'll get the door here.

[Cindy closes the front door.]

Greg

Now, the next time you come, you won't see all those clothes laying on the floor. They'll be in my hamper.

Cindy

So you know what we're doing today with you already saying that. Okay, well I brought this along because I know we've worked on your hygiene and we've worked on getting something organized for you there in the bathroom. We're going to work on getting your stuff off the floor, okay?

Greg

Okay.

Cindy

I got you a hamper to put your clothes in and we went ahead and got you some drawers so you have space to put your clean clothes that you keep in that basket away.

Greg

Okay.

Cindy

Okay? So let's go ahead and go over to the room to set these things up.

Greg

Okay. They've both got wheels on them, I think.

Cindy

They sure do so you can wheel them on in there and it'll be easier.

[Greg wheels the hamper and drawers into his bedroom as Cindy follows behind.]

Let's take a look at where we would put some of this stuff.

Greg

Okay.

Cindy

So where do you think is a good spot to have these chest of drawers here to help put your clothes away?

[The drawers are up against a wall in the bedroom.]

Greg

Well, if you look around, pretty much everything is in its place in here so about the only other place is this space here so I would say just leave it right there.

Cindy

Put it there? Okay. And how about your hamper? Where do you want to put that?

Greg

I want to put that in the restroom, but we got to pick up the dirty clothes. Let me pick up some of those and put them in the hamper.

[Greg begins picking up dirty clothes off the floor and putting them in the new hamper. There is a stuffed whale on the floor. Greg picks this up as well and tosses it on the bed.]

And pick up the fish. My Shamu. Okay, and that can come in here. I think these things here are clean.

Cindy

That's clean?

Greg

Yes, I think so because this is part of my uniform.

Cindy

Okay.

Greg

And my mom washed it for me.

Cindy

Okay, so we'll come back to the clean clothes right now in a bit. Is there anything else here that's dirty? How about those pajamas on the bed?

Greg

This one here is dirty. No, the pajamas are clean.

[Greg continues putting dirty clothes into the new hamper.]

That's dirty.

Cindy

Okay. So you want to keep all the clean clothes here on this chair? We're going to go through that in a bit.

[Greg picks up some clean clothing.]

Greg

We can, yeah. I'll just put this there.

[Greg places the clean clothing on the chair.]

Cindy

Yeah, right now, we'll come back to that. How about what you have back there, behind you? What's that there?

[Greg picks something up from the floor and tosses it on the bed.]

Greg

That's my stuff animal, my lion. That's Puss in Boots. I call her Puss in Boots.

[Greg picks a pair of jeans up from the floor.]

Cindy

Are those jeans clean or dirty?

[Greg smells the jeans and begins to fold them.]

Greg

I think they're clean.

Cindy

Okay, so go ahead and throw those up there on the chair and we'll put those away.

Greg

Okay.

Cindy

And how about that on that green box?

Greg

That's extra pillowcases and sheets if I need them. I keep them there just in case.

Cindy

Okay.

Greg

I need to do a quick—this is clean.

Cindy

Okay.

[Greg puts a shirt on the chair with the other clean clothes.]

Greg

Okay.

Cindy

Okay, let's go ahead and go over to the bathroom.

[Greg and Cindy walk over to the bathroom. Cindy brings the laundry hamper with her.]

Greg

This stuff here on the floor is dirty. Most of it's dirty.

Cindy

Okay, let's go ahead and put that in there.

[Greg starts picking clothes up off the floor and putting them into the hamper.]

Greg

And the rest of these. Okay. In the hamper and the hamper can go right over here with the other hamper.

Cindy

Right over there? Okay. Go ahead and put it there.

Greg

Yes, ma'am.

[Greg puts the hamper in its designated spot. Then, Greg and Cindy walk back out to Greg's bedroom.]

Cindy

Okay, Greg, so let's go ahead and start here with this basket. You mentioned last time that you needed more space to put some of these things away.

Greg

Yes, ma'am.

Cindy

So I brought you these drawers in here and I labeled them with that stuff you said you needed.

Greg

Okay.

[Cindy points to the labels on the drawers as she lists them.]

Cindy

You said you needed more space for shorts, your undies, and just a drawer to kind of put a little bit of everything.

Greg

Yeah, knick-knacks.

Cindy

So let's go ahead and go through what you have here.

[Cindy and Greg sit down on the floor in the bedroom beside a plastic hamper full of miscellaneous items. Greg picks up some cardboard off the pile.]

Greg

This can be thrown away.

Cindy

Okay, so we'll put that in the trash.

[Greg picks up some clothing.]

Greg

Okay, this goes back in the shorts drawer. Okay, like that. I'm trying to put them out of the way a little bit so they don't take up too much space.

[Greg puts the shorts in the drawer labeled, "Shorts." Next, he picks up an envelope and what look like miscellaneous items.]

Cindy

Is that something that you would put in the "Miscellaneous" drawer?

Greg

Yeah, little knick-knacks. You know stuff that's keepable but not really clothes.

[Greg puts them in the drawer labeled "Misc." Greg and Cindy both place things in the "Misc." drawer.]

Cindy

Okay, and how about these movies here?

Greg

They can go up top, there. That's fine. And then we've got some underwear for the underwear drawer.

[Greg begins putting underwear into the drawer.]

I'll just take the underwear and put it in there.

Cindy

Okay.

Greg

I've got a lot of underwear.

Cindy

Go ahead and put all that in there.

Greg

More underwear. Okay, I've got more underwear than Michael Jordan.

[Cindy laughs.]

More underwear, underwear, more underwear. And it is Hanes, by the way.

Narrator

Greg and Cindy will continue sorting through all of the items in the laundry basket and putting things in the specially marked drawers.

[It is clear some time has elapsed.]

Greg

And then that's it.

Cindy

Okay, and what are those newspaper things?

Greg

It's just trash. Well, I was looking for coupons, so I just throw them away. That's trash.

Cindy

Okay, that basket is empty. So let's take a look at the clothes here on the chair that you mentioned.

Greg

Okay.

[Greg hands Cindy the items they deemed trash from the basket they just cleared out.]

That can go over there.

Cindy

Yeah, we'll put that out in the trash.

So what do you have here?

[Greg picks a shirt up from the pile on the chair.]

Greg

Except this one. This is dirty. I'll have to put it in the clothes hamper.

Cindy

That's dirty? Okay.

[Greg tosses the shirt down.]

Greg

I'll get to it in a minute. Okay, this is my pants.

Cindy

Where do you usually store those?

Greg

All of my pants that I have here that are clean, I'm going to put up in the closet in there.

Cindy

Okay. How about those pajamas?

Greg

They could go in one of those drawers over there if there's room.

[Cindy takes the pajamas over to the drawers. The scene briefly fades to black to indicate a time lapse. Cindy is helping straighten up some clothes and handing them to Greg so that he can put them away in the closet.]

Cindy

Okay, Greg, so since we're going through this, I just want you to get an idea. Why do you think we're doing this? Why do you think we're going through your clothes and finding places where they should go?

Greg

Well, it's good for space, for one thing. It keeps them out of the center of the room.

Cindy

How about the drawers over here with the labels?

Greg

That's fine. It's more convenient because I go to that certain spot to look for what's actually in that drawer. It saves time. It's common sense to go somewhere where you know it's going to be to get it instead of having to look all around for it because you had lost it or something.

Cindy

Would it be easier for you to store your laundry once you're done?

Greg

Yes, it's very—that's the way it's more convenient, you know, and it just makes more sense.

Cindy

Okay, because everything will have its place and its spot.

Greg

Everything will have its place and everything's organized.

Cindy

Okay, so we can go ahead and put those in the closet then or where you store those?

Greg

Okay, yeah. I'll put them in here with my other ones. With my pants.

[Greg places the pants Cindy handed him in the closet. The scene fades to black. When it fades in again, Cindy and Greg are standing in his living room.]

Cindy

Well, Greg, I think we got a lot done today. Thank you for sharing and letting me go through your stuff. I know some of that was kind of personal, going through some of those drawers.

Greg

My pleasure.

Cindy

Okay, we're going to want you to keep working on keeping stuff kind of organized, putting stuff in the drawers like we labeled them, where they go.

Greg

Of course, of course.

Cindy

And then I'll check with you next week on how that's going and if there's anything we need to add or change to that to make it better or easier for you.

Greg

Okay, sounds good.

[Upbeat music begins playing.]

It was good to see you.

Cindy

Good seeing you. Thank you.

Greg

Bye.

[Cindy leaves Greg's apartment and the credits roll: Executive Producers: Dawn I. Velligan, PhD Natalie Maples Aguilar, MS Director/Editor: Robert Merrill Camera Operation: Lester Rosebrock The UT Health Science Center at San Antonio Department of Psychiatry Division of Schizophrenia and Related Disorders]